

2017 Up Bay Interclubs
Organizing Authority Yacht Clubs (OA):
Mantoloking, Normandy Beach, Lavallette, Shore Acres, Metedeconk
River, Manasquan River and Bay Head Yacht Clubs
July 20th and August 3rd and 7th 2017

SAILING INSTRUCTIONS

1. RULES

1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.

1.2 Class Rules will apply. Boats may deviate from class rules for sail numbering, but sail numbers must be unique for each class. All yachts shall have their sail number on both sides of their sail.

2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official notice board(s) (ONB) located at the Lavallette Yacht Club and at the Mantoloking Yacht Club Sailing Center.

2.2 EACH SAILOR IS RESPONSIBLE FOR THEIR OWN LUNCH. Lunch will not be provided or for sale at the host yacht club.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the ONB at least one (1) hour prior to the scheduled first warning signal on the day it will take effect.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed at the respective LYC/MYC flagpole.

4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

4.3 In the event of postponement or abandonment on the water, prior to the warning signal, all committee boats will sound (2 for postpone, 3 for abandon) and verbally confirm. Each course's committee boat will display the time of next warning signal on white board used for course designation. This changes rule 27.3.

5. SCHEDULE OF RACES

5.1

<u>Date</u>	<u>Location</u>	<u>Skippers Meeting</u>	<u>Warning Signal</u>
<u>7/20/17</u>	<u>MYC</u>	<u>0930</u>	<u>1030</u>
<u>8/3/17</u>	<u>LYC</u>	<u>None</u>	<u>1030</u>
<u>8/7/17</u>	<u>MYC</u>	<u>None</u>	<u>1030</u>

5.2 Up to Five (5) races are scheduled for each Interclub.

5.3 The scheduled time of the warning signal for the first race each day is 1030am.

6. CLASS FLAGS

Class flags will be:

<i>Class</i>	<i>Flag</i>
420	420 symbol
Laser	Laser symbol
Optimist	Optimist symbol
Sunfish	Sunfish symbol
Feva	Feva symbol

7. RACING AREAS

7.1 The racing area for Interclubs hosted by Lavallette Yacht Club will be on Barnegat Bay off Lavallette Yacht Club.

7.2 The racing area for Interclubs hosted by Mantoloking Yacht Club will be on Barnegat Bay just south of Swan Point.

7.3 The racing area will be shown on the ONB and discussed at the LYC skippers' meeting.

8. THE COURSES

8.1 The RC for each course will display and post the course for each race on a white board.

8.2 Combinations in the courses listed can be made at the discretion of the Race Committee.

W/L # (P) means Windward/Leeward, Number of revolutions (times around), all marks to Port.

T # (S) means Triangle, Number of revolutions, all marks to Starboard.

T # (P)+W/L # (P) means Triangle, Number of revolutions, marks to Port **plus** Windward/Leeward, Number of revolutions, marks to Port.

8.3 Courses will not be shortened. This changes rule 32.

8.4 Legs of the course will not be changed after the preparatory signal. This changes rule 33.

9. MARKS

9.1 Marks will be orange, spherical inflatables.

9.2 The starting and finishing marks may be different in shape and color to the rounding marks.

10. THE START

10.1 Races will be started by a dinghy starting sequence: Three minutes, two minutes, one minute, thirty seconds, twenty seconds, ten seconds, starting horn. This changes rule 26.

10.2 *The starting line will be between a staff displaying an orange flag or shape on the RC boat at the starboard end and the course side of the port-end starting mark.

10.3 Individual recalls will be signaled in accordance with RRS 29.1. In addition, the RC will attempt to hail each boat that has not started correctly. Failure to make or hear such hail will not be grounds for redress.

10.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

10.5 A boat starting later than three minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4.

11. THE FINISH

The finishing line will be between a staff displaying an orange flag or shape on the finishing mark at the starboard end and the course side of the port-end finishing mark.

12. TIME LIMITS

12.1 The time limit shall not exceed one (1) hour for each race.

12.2 No warning signal will be made after 1500.

12.3 Any changes to time limits will be posted on the ONB at least one (1) hour prior to the first warning signal.

12.4 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

13. PROTESTS AND REQUESTS FOR REDRESS

13.1 The requirement to display a red protest flag is waived, this amends rule 61.1. However, haling "Protest" to the other boat and informing the RC at the finish is required.

13.2 Protest forms are available at the host clubhouse. Protests shall be delivered there within sixty (60) minutes after the time the race committee docks. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

13.3 Protest notices will be posted within ten (10) minutes after the protest time limit has expired or earlier to inform where and when there is a hearing in which they are parties to a protest or named as witnesses.

13.4 If the race committee posts a list of boats scored OCS, ZFP or BFD on the ONB before the protest time limit (60 minutes after RC docks), a request for redress based on such a posted score shall be made no later than thirty (30) minutes after the protest time limit. This changes the first sentence of rule 62.2.

13.5 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

13.6 On the last scheduled day of racing a request for reopening a hearing shall be delivered

- (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
- (b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes rule 66.

13.7 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

14. SCORING

14.1 The Low Point System of Appendix A will apply.

14.2 Up to five (5) races are scheduled for each Interclub.

14.2.1 When fewer than five (5) races have been completed, a boat's series score will be the total of her race scores.

14.2.2 When five (5) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

14.3 One (1) race is required to be completed to constitute a series for each Interclub.

14.4 Summer Series Score

14.4.1 If 20 races or more races have been completed, a boat's series score will be the total of her race scores excluding her worst 4 scores. If 15 to 19 races have been completed, a boat's series score will be the total of her race scores excluding her worst 3 scores. If 10 to 14 races have been completed, a boat's series score will be the total of her race scores excluding her worst 2 scores. And if 9 races or fewer races have been completed, a boat's series score will be the total of her race scores excluding her single worst score.

15. SAFETY REGULATIONS.

15.1 Life jackets shall be worn (donned and properly fastened) by all competitors and coaches at all times. Competitors must wear USCG approved jackets per RRS requirements. Failure to do so will result in individual or club disqualification from the day's races.

15.2 Whistles shall be worn by all competitors at all times.

15.3 All classes other than Optis are required to have a painter (tow line) readily available at all times. It shall be at least thirty (30') feet long and of sufficient strength to tow a swamped boat.

15.4 All Club 420s are required to use a masthead floatation assistance device (properly attached to rigging). Failure to do so will result in individual disqualification from the day's races.

15.5 A boat that does not start or retires from a race shall notify the RC or a patrol boat as soon as possible.

15.6 Any boat failing to start or retiring from a race without proper notice is subject to protest by the race committee.

16. REPLACEMENT OF CREW OR EQUIPMENT

16.1 Substitution of competitors will not be allowed without prior written approval of the RC.

16.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the RC. Requests for substitution shall be made to the committee at the first reasonable opportunity.

17. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by an RC equipment inspector or measurer to proceed immediately to a designated area for inspection.

18. SUPPORT BOATS

18.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

18.2 Support boats will be provided by OA yacht clubs and must have safety cutting equipment on board at all times in addition to other Government required safety equipment.

19. TRASH DISPOSAL

Trash may be placed aboard support or official boats.

20. PRIZES

Weekly prizes will be awarded during lunch of the following Interclub. Bay Championship and Summer Series Awards will be awarded at Seaside Park Yacht Club, Sept 3th.

21. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

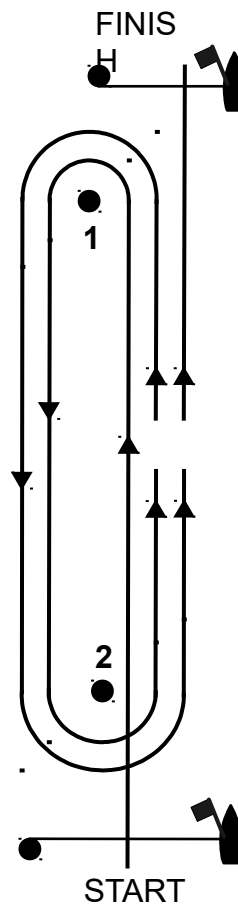
ADDENDUM A

ILLUSTRATING THE COURSE

Shown here are diagrams of course shapes. The boat's track is represented by a discontinuous line so that each diagram can describe courses with different numbers of laps. If more than one course may be used for a class, state how each particular course will be signalled.

A Windward-Leeward Course

Start – 1 – 2 – 1 – 2 – Finish

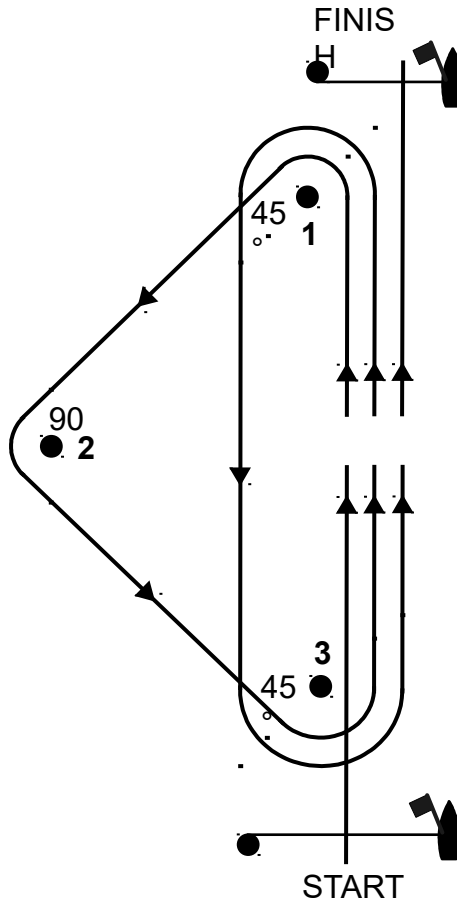


Options for this course include

- (1) increasing or decreasing the number of laps,*
- (2) deleting the last windward leg,*
- (3) using a gate instead of a leeward mark,*
- (4) using an offset mark at the windward mark, and*
- (5) using the leeward and windward marks as starting and finishing marks.*

A Triangle-Windward-Leeward Course

Start – 1 – 2 – 3 – 1 – 3 – Finish



Options for this course include

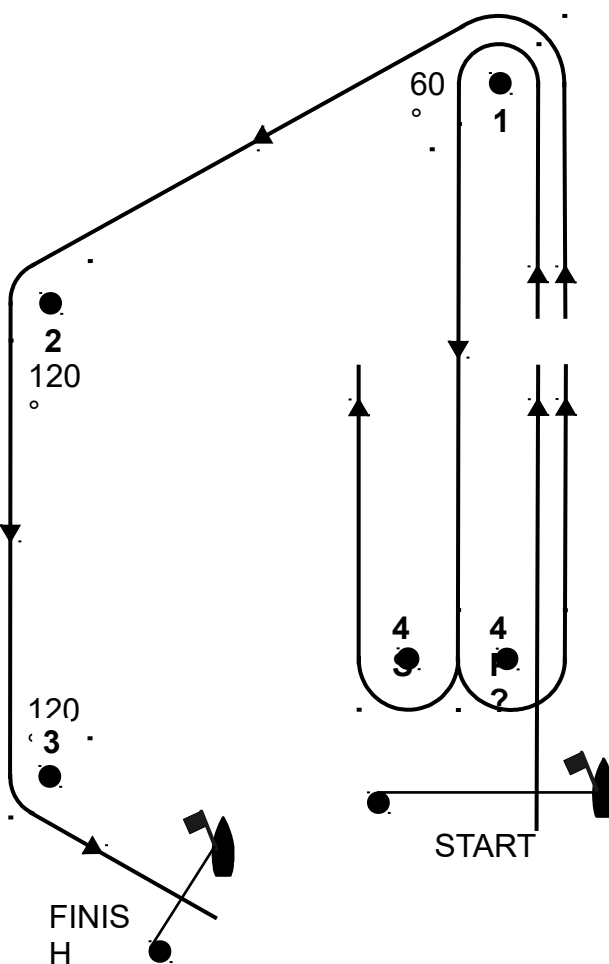
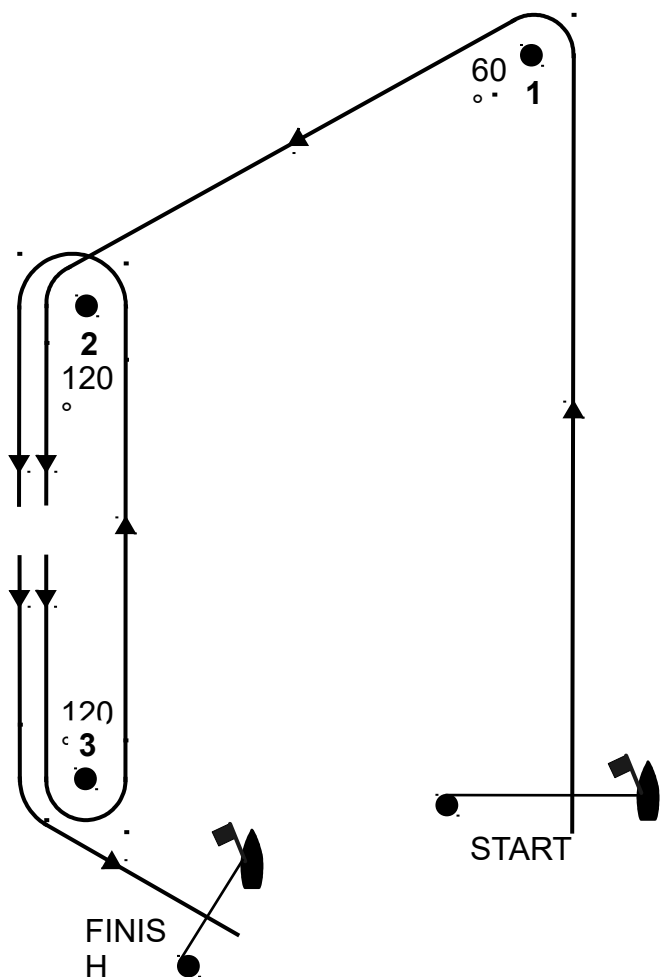
- (1) *increasing or decreasing the number of laps,*
- (2) *deleting the last windward leg,*
- (3) *varying the interior angles of the triangle (45°–90°–45° and 60°–60°–60° are common),*
- (4) *using a gate instead of a leeward mark for downwind legs,*
- (5) *using an offset mark at the beginning of downwind legs, and*
- (6) *using the leeward and windward marks as starting and finishing marks.*

Be sure to specify the interior angle at each mark.

Trapezoid Courses

Start – 1 – 2 – 3 – 2 – 3 – Finish

Start – 1 – 4 – 1 – 2 – 3 – Finish



Options for these courses include

- (1) adding additional legs,
- (2) replacing the gate shown by a single mark, or using a gate also in the outer loop,
- (3) varying the interior angles of the reaching legs,
- (4) using an offset mark at the beginning of downwind legs, and
- (5) finishing boats upwind rather than on a reach.

Be sure to specify the interior angle of each reaching leg.